

# On the Lighter Side

## Salads

- Cranberry Pecan Salad** Mixed greens, craisins, pecans & feta cheese w/ poppy seed dressing 7.49  
**Orange Almond Salad** Baby spinach oranges, slivered almonds, feta cheese & craisins w/ citrus dressing 7.49  
**Cheese & Chic Pea Salad** Baby spinach, provolone cheese & roasted chickpeas w/ lemon garlic dressing 7.49  
**Antipasto Salad** Romaine topped w/ Italian meats, cheese, tomatoes & pepperoncini w/ Italian dressing 8.25  
**Garden Salad** Mixed greens w/ cucumber, carrots, tomato, homemade croutons & choice of dressing 6.95  
**Caesar Salad** Romaine lettuce, homemade croutons & parmesan cheese w/ homemade Caesar dressing 7.49  
Choose Homemade Creamy or Homemade Traditional Caesar dressing

### Add to any salad:

- Chicken 4.50    Shrimp 6.00    \*Ahi Tuna 7.00    Salmon market price  
\* Ahi Tuna is best served medium rare

House Made Salad Dressing: House Italian, Balsamic Vinaigrette, Lemon Garlic, Citrus, Poppy Seed,  
Dressing: Blue Cheese (+.50), Ranch, Olive Oil & Balsamic Vinegar, Oil & Red Wine Vinegar

## Sandwiches, Wraps, Etc.

All sandwiches are served with chips

Swap chips for Fries add 2.00 or Sweet Potato Fries add 3.00 or Garden Side Salad add 3.75

- Classic Italian** Italian meats, provolone cheese, roasted peppers, lettuce & tomato w/ house Italian dressing 8.25  
**"Lantic" City Turkey Sandwich** Fresh roasted turkey breast w/ garlic mayo & homemade cranberry sauce 7.50  
**Roasted Veggie Panini** Roasted vegetables, provolone cheese, baby spinach drizzled with balsamic glaze 7.50  
**Caprese Ciabatta** Fresh mozzarella, tomato & roasted red pepper with pesto mayo on a ciabatta 7.50  
**Hummus & Veggie Wrap** Roasted red pepper hummus, carrots, spinach, roasted peppers & avocado 7.50  
**Turkey & Avocado Wrap** Fresh roasted turkey breast, red pepper hummus, roasted red peppers & avocado 7.50  
**Chicken Caesar Wrap** Chicken, homemade Creamy Caesar dressing w/ romaine lettuce 7.75  
**Buffalo Chicken Wrap** Chicken, hot buffalo sauce w/ blue cheese crumbles 7.75  
**Chicken Salad Croissant** Chicken with grapes, walnuts, craisins, celery & mayo 7.95  
**Grilled Chicken Ciabatta** Grilled chicken w/ sundried tomatoes, Kalamata olives & a three olive spread 7.75  
**Grilled Reuben** - Corned beef, sauerkraut, swiss cheese & homemade Russian dressing on rye 8.50  
**Abbiocco Sausage Calabrese Sandwich** Italian sausage, onion, pepper & potatoes \*hot or sweet sausage 8.25  
**Nonna's Meatball Sandwich** Homemade meatballs topped with marinara sauce & melted mozzarella cheese 7.50

## Sides

- Fries 4.25                      Fire Fries buffalo sauce & blue cheese crumbles 6.25  
Black & Tan Onion Rings 6.25      Sweet Potato Fries w/ homemade dipping sauce\* 5.25  
\*choose sweet or savory dip

\*Eating undercooked seafood may increase your risk of foodborne illness.